

USEFUL INFORMATION

www.ulcebyparishcouncil.co.uk

POLICE

Non emergency 101

NHS DIRECT Advice on an urgent medical problem 111

DOCTORS SURGERIES

Immingham Roxton	01469 572058
Barton Central surgery	01652 636600
Killingholme - Dr Naeem	01469 540786
Barnetby - Dr Ahmed	01652 688203
Barton - Dr Muralee	01652 660041

NORTH LINCOLNSHIRE COUNCIL

Switchboard	01724 296296
Out of hours emergencies	01724 276444
Social services out of hours emergencies	01724 296555

ANGLIAN WATER

Water and waste water	03457 145145
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ELECTRICITY

24hour emergency or power cut	105 or 0800 3163 105
EDF Energy to find out your supplier	0800 096 9600

GAS

24hour emergency	0800 111 999
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BRITISH TELECOM

Fault line	0800 800 150
BT only - other suppliers' contact details are usually on the bill	

ULCEBY SCHOOL

Exec. Head Mrs V. Matthews	01469 588219
Head of School Mrs H. Atkinson	

PRE-SCHOOL / OUT OF SCHOOL CLUB

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ST NICHOLAS CHURCH

Rev'd Peter Green	www.stnicholasulceby.com
	01469 589525
	vicarabbeygroup@gmail.com

CALL CONNECT

0345 2638139

ULCEBY PARISH COUNCIL

Clerk to Ulceby PC:

Karen Pickering
Hillgarth Farm
Ulceby
DN39 6TT
01469 588192

Parish Councillors:

Dawn Macefield Chairperson
07513524679

Christine Smith
01469 588242 (day)
01469 589041 (evening)

Shirley Hulatt
01469 588671

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acaygill-ogden@hotmail.com

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tony_ogden_uk@yahoo.co.uk

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01469 589262

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Ulceby Parish Link

Volume 10, Issue 2
June 2020

ULCEBY PARISH COUNCIL CHAIRMAN'S ANNUAL REPORT APRIL 2019 – MARCH 2020

I will attempt an overview of the last year, which in the present difficult circumstances of the lock-down caused by the Corona Virus, has meant that we were not able to hold all of our scheduled meetings.

The refurbishment of the drainage system along Abbey Road and Carr Road, including a storm reservoir/lagoon at the Thornton Lane Sewage works is nearing completion after a long delay caused by the huge amount of rainfall during the autumn. When complete, Abbey Road will be repaired and resurfaced.

The Parish Council have continued their support of the Ulceby Road Safety Group in their endeavours to improve road safety through the village, resulting in an extension along Station Road of the 30 mph limit to just beyond the railway crossing. The same procedure has been applied through to the limit of the end of the street lighting on Brocklesby Road, after which a new limit of 50 mph for a further mile or so has been established. This stretch of road has seen two fatalities in recent years, plus a horrendous bicycle and car collision.

Members of the Parish Council continue to work hard on behalf of Ulceby residents, with representation on the NATS Committee advising on village safety and security issues, making visits to and offering suggestions for the possible design and layout of the proposed allotment/environmental area behind Station Road,

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Events At Ulceby Village Hall

Unfortunately all events are currently suspended due to Covid19, but hopefully they will re-commence before too long

Monday	Weight Watchers	9.30 am
	Bingo Club	6.30 for 7.00 pm
Tuesday	*1 hr Barre Concept / Abs / Stretch	9.30 am
"	*1 hr Full Body Circuits	6.30 pm
Wednesday	*1 hr Step / Toning / Abs Blast	6.45 pm
Thursday	*45m Zumba + 15m Toning	9.30 am
	Computer Club	1.00 - 3.00 pm
"	** 1 hr Kickboxing Club	5.00 pm
"	*1 hr Toning with Weights + Abs Blast	6.45 pm
Friday	Chat Club - Light lunch / Music / Games / Bingo	12.00 - 2.00 pm
"	*1 hr Mat Pilates	6.00 pm
Saturday	***Ulceby Twirlers (from 15th February)	1.30 - 2.30 pm
Sunday	*1 hr Full Body Toning Circuits	9.30 am

*Booking essential for all Exercise Classes – Judith Wressell 07986 981199

** Kickboxing Club - Contact Rob Bird 07504 240439

***Twirlers contact Georgia: 07592679772 or Leanne: 07766196519

Monthly Events at Ulceby Village Hall

2nd Monday in month – Village Hall Committee Meetings - 7pm

3rd Monday in month – Parish Council Meetings – 7pm

3rd Thursday in month - WI - 7.30 pm

Booking the Hall for your own Event

At all other times the Village Hall and Committee Room are available for hire. Friday evenings may be available on request

For booking information please contact

Dawn on 07435 587394 or visit our website www.ulcebyvillagehall.org.uk

Ulceby Playing Field

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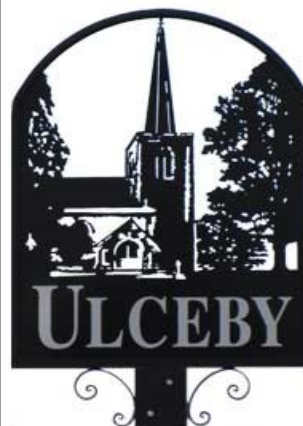
Chairman's Report Continued from page 1

updating the village Emergency Plan and attendance at the Appeal hearing of the proposed 90 new-build properties in Station Road. Regrettably, as far as your Parish Council is concerned, the outcome was successful for the Developer and, therefore, at some time in the future, building at the far end of Station Road will begin.

Regular concerns voiced by residents, e.g. inconsiderate vehicle parking, encroaching hedgerows, necessary pavement and road repairs, etc., continue to be dealt with by the Parish Council and, following a suggestion from residents, it is hoped to arrange for the erection of an illuminated Christmas tree at the village entrance this December. We shall also continue our annual support of various charitable organisations. Planting of the spring and winter bedding continues and, additionally, the Parish Council have now taken responsibility for the grass mowing within the 30 mph limit of the village during the summer of 2020. We hope, by so doing, to improve the overall appearance of the grass verges.

Lastly, I wish to repeat my previous comments that thanks should be afforded to the members of the Parish Council who continue to work diligently and give freely of their time for all Ulceby residents and it is really rewarding to be part of this very supportive community group.

Dawn Macefield
Chair



Ulceby Parish Council meetings on the third Monday in every month at 7pm are currently being held by Zoom. Everyone is welcome to attend - contact the Clerk for log-in details.

For more information on your volunteer Parish Councillors, meeting minutes and agendas please see ulcebyparishcouncil.co.uk



And ACTION FRAUD

Criminals are exploiting the COVID-19 pandemic to try and get their hands on your money and personal information. To date, Action Fraud has received reports from 2,378 victims of Coronavirus-related scams, with the total losses reaching over £7 million.

Coronavirus Track & Trace Scams Advice

Be aware of a growing trend of criminals taking advantage of the current Covid-19 crisis to defraud innocent people, including the new NHS Test and Trace service. This service has been introduced to allow the NHS to trace the spread of the virus, isolate new infections and give early warning if the virus is increasing again, and plays an important role in the fight against coronavirus and it's vital the public have confidence and trust in the service. However, we understand the concerns people have about the opportunity for criminals to commit scams, as scammers are now making phone calls, sending texts and emails pretending to be from NHS Test and Trace in order to obtain your personal

Advice on how to identify a genuine contact tracer from a scammer.

Contact tracers will **only call you from the number 0300 013 5000**. Anyone who does not wish to talk over the phone can request the NHS Test and Trace service to send an email or text instead, inviting them to log into the web-based service. All text or emails sent by NHS Test and Trace will ask people to sign into the contact tracing website and will provide you with a unique reference number. We would advise people to **type the web address <https://contact-tracing.phe.gov.uk> directly into their browser**, followed by the unique reference number given to you, rather than clicking on any link provided in the message.

Genuine NHS contact tracers will:

- call you from 0300 013 5000
- send you text messages from 'NHS'
- ask you to sign into the NHS test and trace contact-tracing website
- ask for your full name and date of birth to confirm your identity, and postcode to offer support while self-isolating
- ask about the coronavirus symptoms you have been experiencing
- ask you to provide the name, telephone number and/or email address of anyone you have had close contact with in the two days prior to your symptoms starting
- ask if anyone you have been in contact with is under 18 or lives outside of England.

WHY NOT JOIN YOUR LOCAL LOTTERY?

JOIN THE 200 CLUB AND HELP RAISE FUNDS FOR
ULCEBY VILLAGE HALL

The cost is only £1 per month, and proceeds help towards the upkeep of the Village Hall. You will be allocated your lucky number which will be entered into monthly draws for £30, £20, £10 and two of £5. There is also a larger end of year draw - the amount depends on the number of members - the more members the bigger the prize! During lockdown, we have been unable to do the usual draws at the Yarborough Arms, so the numbers have been drawn by an electronic number generator.

Here are the winners for the first half of 2020. It may take a while to distribute the prizes at the moment, but don't panic if you haven't had yours - we will get them to you eventually. We would like to thank everyone for their continued support - in 2019 you helped to raise £1012! You can join at Judith's Fitness Classes, Bingo or telephone Shirley on 588671, or email ulcebyvillagehall@gmail.com.

January			February		
£30	190	C. SMITH	£30	80	K. CLARK
£20	40	R. BULLIMORE	£20	149	D. PAUL
£10	51	C. DRURY	£10	78	I. THOMPSON
£5	83	S. LUMBY	£5	35	T. HANSON
£5	12	J. GOODSON	£5	55	MRS OSGERBY
March			April		
£30	79	S. PARRY	£30	166	P. SIMONS
£20	95	K. GREEN	£20	155	B. MCGREGOR
£10	17	L. HUTSON	£10	184	J. SCHOFIELD
£5	29	R. CASEMORE	£5	172	D. GRIFFIN
£5	86	T. GARD	£5	200	K. TAYLOR
May			June		
£30	141	T. NORTH	£30	112	H. PHILLIPS
£20	68	C. DONNE	£20	36	P. IBBOTSON
£10	2	M. JOHNSON	£10	96	S. DANTON
£5	51	C. DRURY	£5	44	L. BOLAND
£5	38	L. KIRK	£5	13	M. TOWLE

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Brocklesby Ox	10.35 - 10.50
West End	10.55 - 11.10
Abbey Road	11.25 - 11.35
Village Hall	11.40 - 12.00
Carr Road	12.05 - 12.30

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- ask you to make any form of payment or purchase a product of any kind
- ask for any details about your bank account
- ask for your social media identities or login details, or those of your contacts
- ask you for any passwords or PINs, or ask you to set up any passwords or PINs over the phone
- disclose any of your personal or medical information to your contacts
- provide medical advice on the treatment of any potential coronavirus symptoms
- ask you to download any software to your PC or ask you to hand over control of your PC, smartphone or tablet to anyone else
- ask you to access any website that does not belong to the government or NHS

If you or somebody you know has been caught out by a scam or fraud contact Action Fraud on 0300 123 2040 or visit the Action Fraud website at <https://www.actionfraud.police.uk>. If you need advice on anything else, please contact the Citizens Advice Consumer Helpline 0344 411 1444

You will only ever be called from the number **0300 013 5000**, or you will be texted from "NHS".

There are some simple steps you can take that will protect you from the other most common scams.

1 - Watch out for scam messages

Your bank, or other official organisations, won't ask you to share personal information over email or text. If you receive an email you're not quite sure about, forward it to the Suspicious Email Reporting Service (SERS): report@phishing.gov.uk

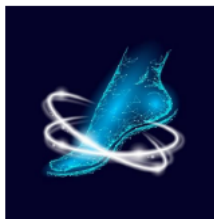
2 - Shopping online

If you're making a purchase from a company or person you don't know and trust, carry out some research first, for example, by checking to see if others have used the site and what their experience was. If you decide to go ahead with the purchase, use a credit card if you have one, other payment providers may not provide the same protection.

3 - Unsolicited calls and browser pop-ups offering tech support

Never install any software, or grant remote access to your computer, as a result of a cold call. Remember, legitimate organisations would never contact you out of the blue to ask for financial details such as your PIN or full banking password.

Information supplied by PC 2180 Lee Fuller, Crime reduction officer, Humberside Police Community Safety Unit and Action Fraud



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after season when Sunday League football is effectively on its backside is testament to everyone involved with the club and the hard work that's put in to make it a good club to play for.

I guess one of the 'downsides' of running away with Division Three last season will be an inevitable 'promotion' to Division Two, and yes we all want to play at the highest level, but to achieve it without receiving the honours to go with it would make it feel a little flat.

However, regardless of what division we're in, we'll attack the season in the same way we did the last campaign and hopefully achieve some success along the way.

As always I'd like to thank the people that have helped us along the way. Our two main sponsors JP Woodcrafts who once again provided our splendid kit, Big Box Intralogistics whose cash injection has helped ensure we can compete again next season plus match ball sponsor www.all-freight.co.uk and player sponsors Abigail Buckingham Jewellery and Be-You-Tiful Nails.

Any help we receive is so very much appreciated and we quite simply wouldn't be able to continue without it, so thank you to everyone.

If you wish to keep up to date with current news throughout the summer and beyond then please follow our open page on Facebook @ulcebyfc - Instagram @ulcebyfootballclub - Twitter @ulcebyfc

I'm not sure when the next update regarding the club will be as at the time of writing there's no definitive timescale on when next season will start, so until then stay safe everyone and we hope to see some of you down at the ground when we're back up and running again.

Up the Ulceby!

Mark Chapman (Manager).

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ULCEBY FC



So there we have it! Such a promising season that gave us every chance of claiming some much deserved silverware is drawn to a close.

Ultimately the last game we played saw a 7-0 thrashing of our nearest rivals in their own back yard – a ground they'd only conceded one goal at all season, confidence was flowing, six points clear at the top, there was no stopping us.

The league committee had offered the participating clubs the option of voting for how the season would be concluded. Up and down the country, titles, promotion, relegations were all decided on a 'points per game' format.

This would have favoured us as we had only dropped five points all season, but unfortunately the majority of clubs within the Scunthorpe league decided against this and the results were officially expunged from the records – although the cup games weren't, so cup finals will still go ahead as a curtain raiser to next season...

It left a bit of a sour taste amongst the squad who had worked so hard dating back to last pre-season, we were getting better and better with each passing week and there's no doubt from a single squad member that we wouldn't have gone on to lift the trophy.

But as disappointing as it is for all for us, it all pales into insignificance when you consider what's been happening around the world. Lives are much more important than any football match and we as a club offer our love and thoughts to anyone adversely affected by this tragic pandemic.

Many of you may have noticed the familiar sound of voices down at the pitch just recently, as along with government guidelines we've been holding some small training sessions as lockdown rules have begun to ease.

It's been great to get back out there with the lads dusting off plenty of cobwebs, but the bigger picture is we want to be bang at it when we're allowed to return to competitive action - whenever that may be; so to sharpen up now so early on, in what isn't even yet pre-season, can only be of benefit to us as a team.

The majority of last season's squad has remained intact, along with a few strong additions. To see the commitment and desire from these lads to keep going season



ULCEBY VILLAGE HALL

Unfortunately the hall has had to temporarily close, and all activities and events suspended due to Covid-19 - we hope not for too much longer.

The play area has had to be closed off, although the playing field and pond area have been open throughout to enable people to have their daily exercise. As the lockdown is relaxed, it is good to see the football team starting small training sessions, and small groups of people starting to use it. Unfortunately some groups have been leaving their litter behind. If you use it, please make sure you use the bins provided, or take your litter home, to leave the area more enjoyable for everyone to use. If you believe your children are using it, please can you remind them to be considerate and clean up after themselves, as litter can harm wildlife as well as being unsightly, and having the potential to spread coronavirus.

ULCEBY VILLAGE HALL

Supporting Your Village Hall

There are a number of ways that you can help to support these facilities, and keep them in a good condition for everyone to use

- If you see an act of vandalism – please report it to the police
- If you walk your dog on the playing field – please clean up after it
- Join the Committee (a monthly meeting and helping at occasional events)
- Shop at the Ulceby Co-op and help raise funds for the village hall
- Book the hall for your children's party or other event - sorry but bookings cannot be made at present
- Join the 200 Club (see our website or contact Shirley on 01469 588671)

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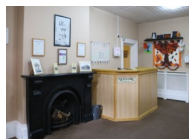
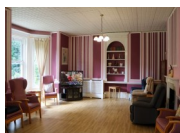
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LIFE DURING LOCKDOWN

This has been a stressful time for many, especially those people shielding and unable to leave their home. However the appearance of the village has been improved with many people tending their gardens, replacing fences, painting fences and gates. The initial panic buying of a few, which left frustratingly empty shelves for the rest just wanting to do their normal shop, has passed. Many working from home have saved on time and cost by not having to travel to work, but suffered the stress of the local slow and intermittent internet connections. Most school children have had to stay at home, draw rainbows and do the daily work sent by the school on their home computers, while their parents have had to adopt the role of teachers. Those undertaking daily walks have been able to explore footpaths in the local countryside, and seen the change of seasons from Spring to Summer, the brown fields turning green as the farmers' crop seed managed to germinate and grow - despite the very dry weather initially. All local groups have had to stop, but will hopefully resume before too long, even if they are somewhat restricted by social distancing. And throughout all this, we have to thank the key workers for carrying out their duties regardless of putting themselves at risk, and the support and kindness that's been shown from neighbours and other volunteers.

ST NICHOLAS CHURCH



Hello and greetings from your new Vicar. I am the Revd Peter Green and I started as the vicar for Ulceby along with 5 other churches that make up the Abbey Group, on the 8th December last year. Sadly due to the Covid 19 pandemic. I have not been able to get to know as many people in the village as I would have liked to under normal circumstances. As of the 15th June St. Nicholas Church will be open daily from 9 – 5 for private prayer, please feel free to come and spend a few moments of quite in the tranquillity of your church building. I look forward to being able to get to know the people of Ulceby in the fullness of time and to serve you as your parish priest. I can be contacted on 01469 589525 or email: vicarabbeygroup@gmail.com

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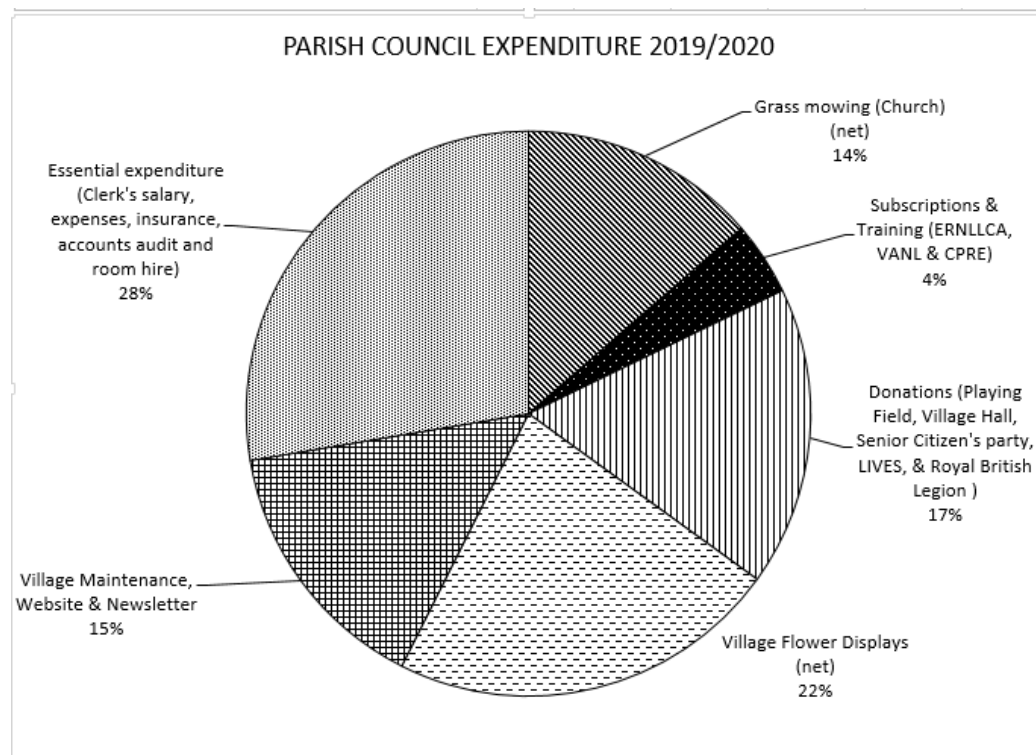
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ULCEBY PARISH COUNCIL

WHERE DOES YOUR MONEY GO?

Of the amount each household pays to North Lincolnshire Council in Council Tax, approximately £17 is passed to Ulceby Parish Council in the precept. A proportion of this is spent on essential items, and the remainder is spent locally to benefit the village, as the Parish Council thinks fit. Some is used to improve the appearance of the village, such as flower displays and grass cutting around the church and playing field, and some to support local groups and organisations. If you are involved in such a group which is in need of funding, or are interested in setting up a new group and would like to apply for some financial assistance, there is an application form available from the website www.ulceby.net, or from Karen Pickering, the Clerk to the Council.

The precept was set at £15,000 for 2019/20, and this was boosted by a North Lincolnshire Council precept grant of £1,192. We have tried to keep it as low as possible for a number of years, but due to rising costs it was felt necessary to increase it to £18,000 for the current year. In addition, some income is received from the cost of advertising in this newsletter, which more than covers the cost of its printing. For your information, the chart below gives a breakdown of how the precept was spent in 2019/20.





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with dementia with volunteers who enable them to continue doing something they love.

Meanwhile, we work alongside many other agencies, such as Age UK, and can signpost and refer to agencies you may benefit from.

Many people are unaware that those with a diagnosis of dementia are entitled to a blue disability badge or an attendance allowance ranging from £60 to £90 per week.

This is regardless of your financial circumstances, and our friendly team can help you to apply for this benefit. We also offer a free service (you just pay the court registration fee) to set up Lasting Power of Attorney if that is something you have thought about.

All these services are offered nationally, including your local Alzheimer's Society's office.

As well as accessing all the support mentioned above, North Lincolnshire have three memory cafes running where staff would greet you with a warm welcome.

If you are a carer of a person with dementia you can either come on your own or bring the person with dementia with you.

It's an informal, friendly atmosphere where you get to meet others experiencing similar issues to yourself, as well as supportive staff and volunteers.

We have various activities on offer and listen to what people say they want to see at the session. This, of course, includes tea, coffee and biscuits!

We also run a Singing For The Brain group which has proved to be extremely popular – either come along and clean out those vocal pipes or sit back and listen with a cuppa.

For any information or advice featured in this article you can call your local office on 01427 359247.

By Tarrina Scott.

Dementia Support Worker.

Alzheimer's Society

North & North East Lincolnshire

Room 2/3 at Centre4

17A Wootton Road

Grimsby

North East Lincolnshire

DN33 1HE

Telephone: 01472 359247

Website: alzheimers.org.uk

Dementia article

Can you imagine being affected by memory loss every day of your life – forgetting how to perform simple tasks, feeling confused much of the time, and even struggling to recognise family members and close friends.

There are an estimated 850,000 people in the UK living with dementia. But what does it mean to have this condition?

Dementia is the umbrella term that describes various brain disorders such as Alzheimer's disease, Vascular Dementia and Dementia with Lewy Bodies to name but a few, that result in loss of brain function.

Symptoms often include memory loss, confusion, problems in understanding and communication difficulties.

Living with dementia or caring for somebody who has the condition can often feel isolating and lonely, including feelings of sadness, frustration and anger. A lady once described her husband to me as a sandcastle and dementia as the sea.

"Each time the tide comes in and goes back out, it takes away a little bit of him with it," she explained.

In the current testing times, we are living in with COVID-19 resulting in a national lockdown, these feelings are intensified, leaving people without the support they perhaps were once used to, such as visits from family members or relying on attending groups for support.

The symptoms of dementia are progressive and, eventually, terminal. However, as daunting as this may sound, we at the Alzheimer's Society believe people can live well with dementia with the right support.

Alzheimer's Society is the UK'S leading dementia charity. We fund research with the aim of finding a cure and we campaign for change. But, most importantly, we offer a wide range of support to people living with the condition, ensuring nobody faces dementia alone.

So, do you know or care for somebody who is living with dementia? Or Do you do you have dementia or are concerned that you are developing it? If so, you are not alone.

Alzheimer's Society has helped support many thousands of people affected by dementia. This includes offering home visits from our Dementia Support Workers who will establish what support you may benefit from and then help to get that in place.

We offer telephone support calls with Dementia Advisors, as well as having a Dementia Connect Support Line on 0333 – 150 3456 and a 24-hour National Helpline on 0300 222 11 22.

People can also access online support through our popular peer support forum Talking Point.

One of our most popular services is Side by Side, which matches people living



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